



Republic of the Philippines  
**Department of Education**  
REGION IV-A CALABARZON  
CITY SCHOOLS DIVISION OF THE CITY OF TAYABAS

18 APR 2023

DIVISION MEMORANDUM

No. 182 s. 2023

**TELECONSULTATION SERVICES**

To: OIC-Assistant Schools Division Superintendent  
Chief Education Supervisors  
Heads, Public Elementary and Secondary Schools  
Heads, Unit/Section  
All Others Concerned

1. The City Schools Division of the City of Tayabas intensifies the implementation of School Health Section's program which aims that essential health care is accessible for every JUAN which results in a complete physical, personal, and psychosocial state of well-being. This banner program dubbed as **"HEALTHY JUAN"** focuses on scaling up the Medical, Dental and Nursing Services and Wellness/DOH Program.

2. In relation to this, the School Health and Nutrition Section of the Schools Governance and Operations Division aims to institutionalize the teleconsultation services for the teaching, non-teaching personnel and learners within our jurisdiction as part of the Health Juan Program. Telemedicine has the aim to bridge the gap and improve health service delivery in the division office and in schools most especially in the remote areas. Moreover, important factors such as distance, cost, mobility, and displacement exacerbated by the COVID-19 pandemic is highly considered. Also, teleconsultation can be used not only in the management of communicable diseases such as COVID-19 but it has growing significance in the treatment and management of chronic, non-communicable diseases (NCDs).

3. The guidelines for the Teleconsultation are attached below. All employees and learners are encouraged to read the guide for smooth transaction.

Kindly like the SDO Tayabas City Health and Nutrition Section – Medical and Dental facebook page



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(042) 710-0329 or (042) 785-9615

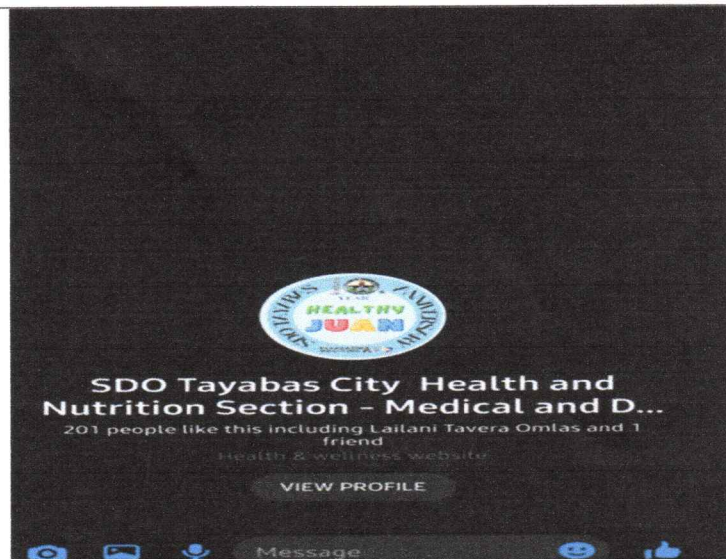


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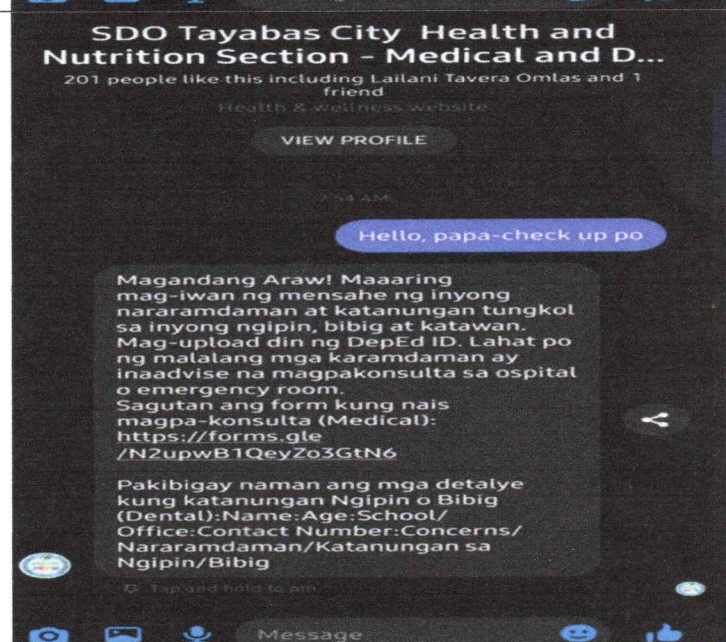
Kindly send us a message



Kindly type in your concerns and an automatic message will pop-up

Kindly upload DepEd ID for identification purposes

Kindly click the underline link



Upon clicking the link, it will lead to this interface

Kindly read the consent before answering

Read the prompt messages and answer the questions

Registered details is recorded in google spreadsheet

Kindly wait for the personal message

**DepEd SDO Tayabas City Teleconsultation**

This page is ONLY for learners and teaching and non-teaching personnel of DepEd SDO Tayabas City (Ang teleconsult page na ito ay PARA LAMANG sa mga mag-aaral, mga guro at mga tauhan ng DepEd SGOD Tayabas City)

Email \*

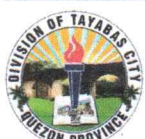
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This form is collecting emails. [Change settings](#)

Consent For Teleconsultation:

Mga kundisyon sa paggamit ng serbisyong Telekonsultasyon ng DepEd SGOD Tayabas City Section of Medical and Nutrition Services

1. Ang Telemedicine ay ang paggamit ng elektronikong pamamaraan kung saan makakausap ko ang doktor para sa pagtukoy ng aking posibleng sakit (diagnosis), irerekomendang lunas o pagbabantay (treatment/management or monitoring), at pagbibigay kaalaman (education) sa pagkakataong hindi posible ang pisikal na harapang konsultasyon (face-to-face consultation)



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General guidelines

- All personnel who were not able to report for work are highly encouraged to do Teleconsultation
- Even a personnel or learner had accomplished the form, he/she can still be advised for face to face consultation depending on the rapid assessment of the physician
- Division Personnel who are still able to go to work are encouraged to have face to face consult and visit us in the School Health and Nutrition Clinic for vital signs check, history, and physical examination.
- Teleconsultation services is open Monday to Friday except Holidays: 8am-4pm
- Teleconsultation is not open 24/7, messages sent beyond office hours will be addressed the next day
- Please bear with us, there will be situations wherein the doctor will not be able to answer the inquiries due to other duties and responsibilities.

Emergency cases – Teaching, non-teaching and learners are NOT advised to have teleconsultation they are recommended to go straight to hospitals or emergency rooms. The situations are the following:

- High blood pressure >180/>120 with or without symptoms such as stroke, sudden blindness, chest discomfort, kidney or heart failure
- Intractable cough with difficulty of breathing
- Intractable asthma despite inhaler medications or nebulization
- Dengue with warning signs (nose bleeding, gum bleeding, mucosal bleeding, low BP, pallor, bounding pulses)
- Mental health illness capable of harming oneself and others
- Impending pregnancy delivery
- Thyroid storm

4. For the information and guidance of all concerned.

  
**CELEDONIO B. BALDERAS JR.**  
Schools Division Superintendent



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